

# Log Book Libreta de Notas



For Recording Blood Glucose Test Results

Para Registrar Resultados de Exmenes de Glucosa en Sangre

Number • Nmero: 1150591002  
Effective date • Fecha efectiva: 2014-03-25

Date	Breakfast			Lunch			Dinner			Other		
	Time	Before After	Insulin	Time	Before After	Insulin	Time	Before After	Insulin	Time	Before After	Insulin
Average												

English												
Date	Breakfast			Lunch			Dinner			Other		
	Time	Before After	Insulin	Time	Before After	Insulin	Time	Before After	Insulin	Time	Before After	Insulin
3-17	6:30 AM	70	12R									
	10 AM	86	18N	12:15	95		7 PM	120		10 PM	106	
3-18	9 AM	80	12R	12:10	90					10 PM	104	
				1:00	100		8 PM	116				
Average	Before: 75 After: 86			Before: 90 After: 98			After: 118			Before: 105		

Español												
Fecha	Desayuno			Almuerzo			Cena			Oteo		
	Tiempo	Antes Después	Insulina	Tiempo	Antes Después	Insulina	Tiempo	Antes Después	Insulina	Tiempo	Antes Después	Insulina
3-17	6:30 AM	70	12R									
	10 AM	86	18N	12:15	95		7 PM	120		10 PM	106	
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	Time	Before After	Insulin	Time	Before After	Insulin	Time	Before After	Insulin	Time	Before After	Insulin		Time	Before After	Insulin	Time	Before After	Insulin	Time	Before After	Insulin	Time	Before After	Insulin	
Average													Average													